

Alex Westrope – MM Beneficiary

Alex left the military upon completion of 21yrs service with the Corps of Royal Engineers as a WO2. During this time he gained extensive technical and operational experience. He has managed, mentored and advised both British military and other nationalities personnel on operations in Germany, Macedonia, Kosovo, Canada, Oman, Jordan, Iraq and Afghanistan.

Sadly in 2009 he was the victim of an unprovoked attack three days after surviving an arduous EOD tour of Iraq. He sustained a fractured skull, bleed on the front left lobe of his brain and complete severed ulnar nerve in his upper left arm.

Determined to return to service, Alex worked hard and returned to active duties. However Alex struggled and was unfortunately injured again whilst training leading to several spinal surgeries. During this period, Alex's mental health declined significantly and he was subsequently diagnosed with PTSD meaning he was unable to continue in service.

"When I was medically discharged I found myself at a loss. My mental health deteriorated further, and I found myself in a dark place. In January 2017 Mission Motorsport picked me up, supported me and offered me an opportunity to retrain as a Vehicle Mechanic and I jumped at the offer. This straight away gave me a new direction to work towards as my career with the military was over."